

PRE-OPERATIVE INFORMATION

Please take time to complete your online surgical assessment at www.iowacityasc.com You will be contacted 2 days prior to your scheduled procedure by a preadmission nursing staff member. The nurse will review the preadmission information with you including:

A brief review of your medical history and any special instructions related to your procedure

Information related to medications you may take or may not take prior to the procedure

Arrival and procedure time will be verified with you at that time

You will receive instructions on preparing for your surgery

Answer any questions you may have

It is extremely important for you to follow these instructions. Your surgery may be delayed or cancelled if these instructions are not followed.

No alcohol or cigarettes 24 hours prior to surgery

No aspirin or other nonsteroidal anti-inflammatory medicines (NSAIDs) for 1 week before your surgery

Notify your physician if you develop a cold, sore throat, or infection

NOTE: IF YOU ARE HAVING SURGERY AND HAVE BEEN INSTRUCTED TO HAVE A PHYSICAL EXAM, IT IS IMPORTANT THAT THE EXAMINATION BE PERFORMED BY YOUR FAMILY PHYSICIAN AT NO MORE THAN 30 DAYS PRIOR TO YOUR PROCEDURE. YOUR CLINIC MAY FAX YOUR EXAM RESULTS TO US AS AT 319-248-1520.

BEFORE YOUR SURGERY

You must arrange to have a responsible adult stay with you for 24 hours after general anesthesia.

Patients who receive a sedative with a local anesthetic will be advised to have a responsible adult drive them home and stay with the patient for at least half a day following surgery.

If you must bring a child to your procedure or other family member's procedure, please have a responsible adult along to care for them both during and after the procedure. It is our recommendation, both during and after the procedure, that alternative childcare is secured as children often find it frustrating to wait but also overwhelming to be at the facility. Parents often feel torn between providing care for the surgical patient and other children.

If you have not been contacted the day prior to your surgery please call us between 8:00am and 5:00pm at 319-248-1500.

A multi-specialty surgical center.

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