



UROLIFT® Q & A

What is UroLift®?

UroLift® is a non-surgical procedure designed to address the symptoms of an enlarged prostate. For many people, an enlarged prostate can mean frequent urination, difficulty emptying your bladder, an inability to sleep through the night, and other uncomfortable symptoms. Surgical therapies have typically relied on removing a portion of the prostate.

However, UroLift uses a novel technique that simply moves the prostate out of the way. This means that UroLift is non-surgical, and the recovery time is much faster. That's why, for many, UroLift is the preferred way to treat a moderate to severe enlarged prostate.





What is UroLift Designed to Treat?

UroLift is specifically designed to address the symptoms of a condition called Benign Prostatic Hyperplasia (BPH) — more commonly known as an enlarged prostate. Because of the location of the prostate, the extra tissue can constrict the flow or urine. This can lead to the following symptoms:

- Urinary incontinence
- Dribbling after you urinate
- Frequent need to urinate at night
- A weak stream when you urinate
- A feeling that your bladder really isn't empty
- Frequent urinary tract infections

These, among other symptoms, can significantly interfere with your quality of life. Some patients even discuss a sudden need to urinate, overwhelming their ability to perform or enjoy day-to-day tasks. UroLift addresses these symptoms not by removing part of the prostate, but by using special medical devices to lift the prostate out of the way.

UP TO 14 MILLION MEN IN THE UNITED STATE ALONE HAVE SYMPTOMS RELATED TO AN ENLARGED PROSTATE

What is the Success Rate of UroLift?

The success rate of UroLift is quite high. Most surveys find that after the first month alone, 80% of patients treated with UroLift report a significant improvement in symptoms. In most cases, only 2-3% of patients will seek re-treatment during the first year post-UroLift treatment. Most patients will notice an immediate relief of symptoms; for others it may take several weeks to notice an improvement.

The results of your UroLift procedure will typically last somewhere between 4-5 years. In some cases, it may last longer. Some patients may seek additional treatment if symptoms begin appearing again.

ONLY 13.6% OF PATIENTS TREATED WITH UROLIFT WILL SEEK PROSTATE SURGERY TO RELIEVE SYMPTOMS WITHIN FIVE YEARS





What Are the Common Complications of UroLift?

UroLift has been performed in over 100,000 patients. The most common side effects and complications that have been noted include:

- Lower abdominal pain
- Blood in the urine
- Pain when urinating (especially a burning sensation)
- Feeling like you need to urinate urgently

There can be more serious side effects as well, but those tend to be rare. It's also worth mentioning that **Urolift does not impact a patient's sexual health.**

How Painful is the UroLift Procedure?

For most people, UroLift will be performed under local anesthesia. Patients will not experience discomfort or pain as the procedure is performed. However, once the anesthesia wears off, you may experience some mild discomfort. This could include a burning sensation when you urinate or some blood in the urine.

The procedure itself will typically take under 60 minutes to perform.

What to Expect After the UroLift Procedure?

Once UroLift is complete, patients will be allowed to return home to recover. Most patients will be able to return to work within 2-3 days. Most discomfort will be mild and can be managed with over-the-counter pain medication. (Your urologist will provide you with specifics.)

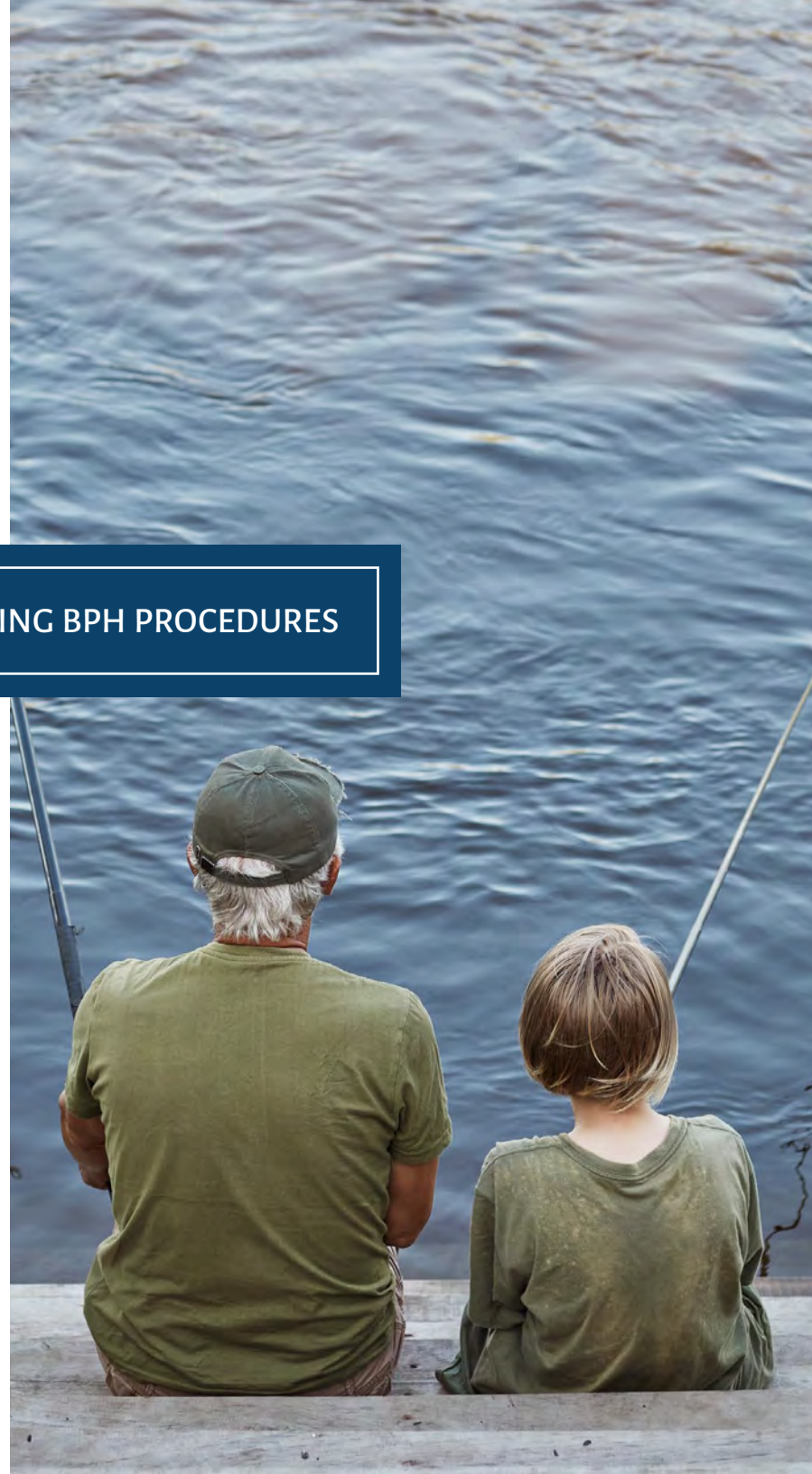
Some patients may experience a burning sensation when urinating during the first few days, but this will pass quickly. Within two weeks or so, you should start feeling significant symptom relief.

UROLIFT DELIVERS THE LOWEST CATHETER RATE OF THE LEADING BPH PROCEDURES

Can I Undergo Other BPH Procedures After UroLift?

UroLift is designed to lift your prostate out of the way using special medical devices. This means that you are still able to undergo a wide range of other therapies designed to address the symptoms of an enlarged prostate. In other words, undergoing UroLift does not mean you cannot attempt other therapies in the future--so it's a good way of keeping your options open in the long run.

Other therapies for an enlarged prostate may include medication, laser procedures, or a surgical technique called TURP, which removes part of the prostate. You can talk to your urologist about all of your enlarged prostate treatment options.





Where is the UroLift Procedure Performed?

Because it is a non surgical BPH therapy, the UroLift procedure is usually performed on an outpatient basis. This means that patients will come in for their procedure and return home for recovery on the same day. No overnight stay in a hospital is typically required.

For most patients, UroLift procedures are performed in a hospital setting. But good candidates may be able to undergo their UroLift procedure in an ambulatory surgery center, or ASC. Typically, ASCs are less crowded, a little friendlier, and somewhat less expensive than a hospital.

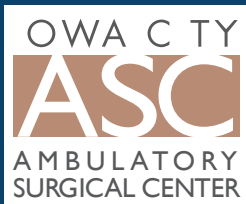
You should talk to your urologist about your venue options, especially if you'd prefer to have your procedure performed at an ambulatory surgery center.

Talk to Your Urologist.

If you have more questions about your enlarged prostate, the best place to receive individualized answers is from your urologist. Your physician will be able to run tests and diagnostics to determine how effective UroLift may be in addressing your enlarged prostate symptoms.

OVER 100,000 UROLIFT PROCEDURES HAVE BEEN PERFORMED!

Talk to your urologist today about having your procedure performed at Iowa City ASC.



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