

Creating Olson Masks for Iowa City Ambulatory Surgical Center

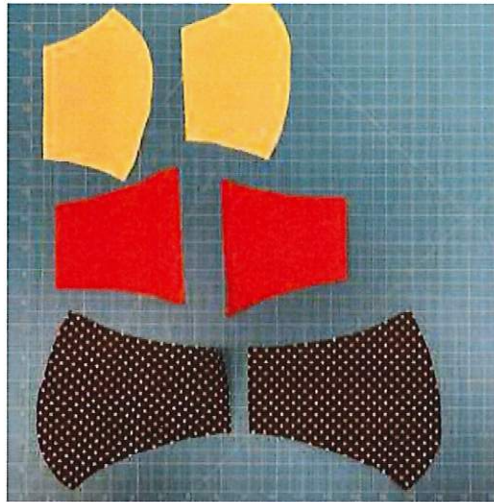
All fabric must be new. Before starting, please launder the fabric in a non-scented/allergen-free detergent with no fabric softener. When drying the fabric, please do not use dryer sheets.

Materials Needed for Each Mask

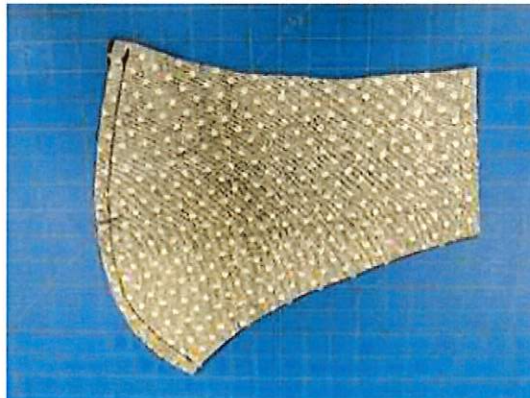
- Paper pattern (below)
- ~ ½ yard of tightly woven polycotton blend fabric
- ~ 25" piece of elastic, elastic cording, or fold over elastic
 - Two (2) elastic hair ties can also be used, but this option is not ideal for long-time wear. Instructions have been including for those needing to use hair ties.
- All-purpose thread
- Scissors

Instructions

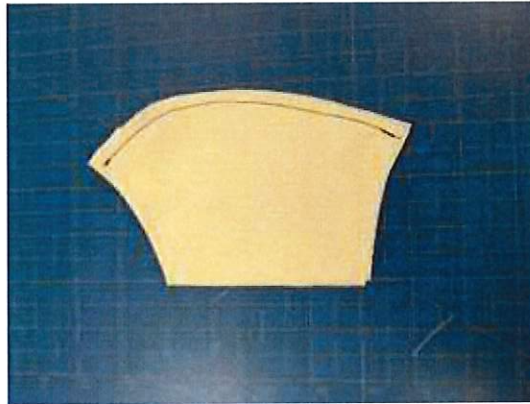
1. Using the provided patterns, cut out each shape. You will have six (6) total pieces.



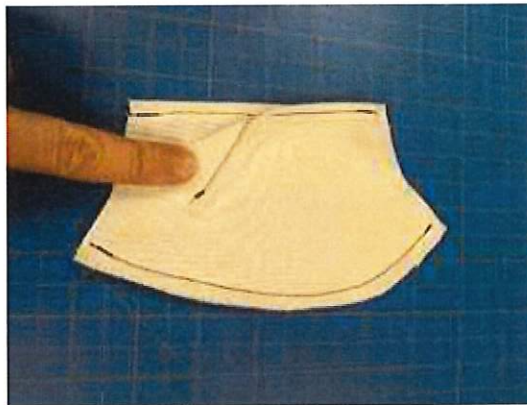
2. Sew *face 1* and *face 2* together along *side 3*.



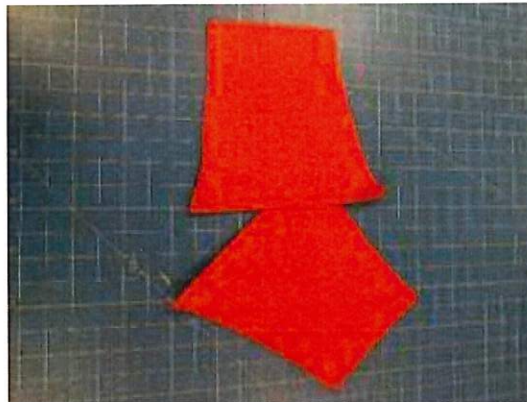
3. Sew *mouth 1* and *mouth 2* together along *side 3*.



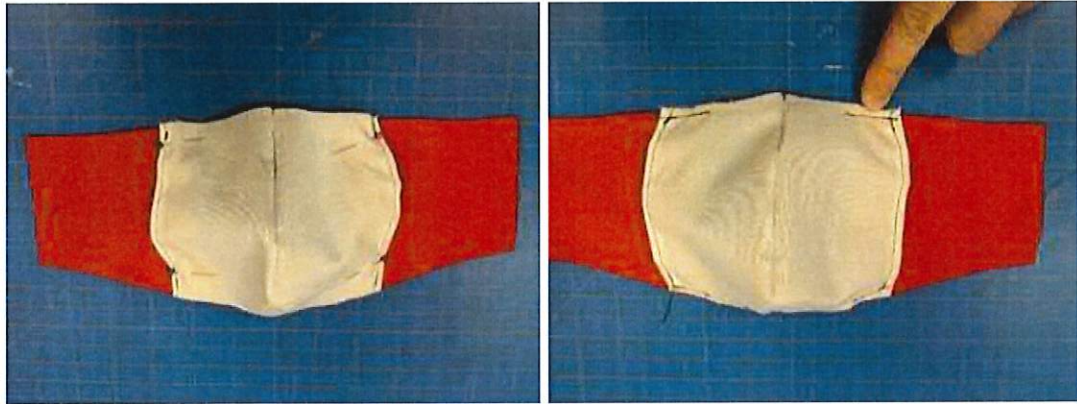
4. On *mouth 1* and *mouth 2*, fold *side 5* over $\frac{1}{4}$ " and sew down.



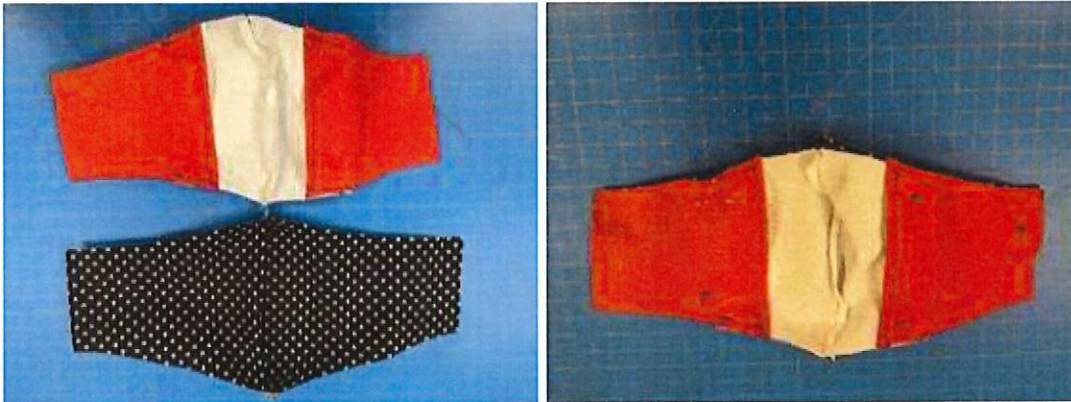
5. On *cheek 1* and *cheek 2*, fold *side 6* over $\frac{1}{4}$ " and sew down.



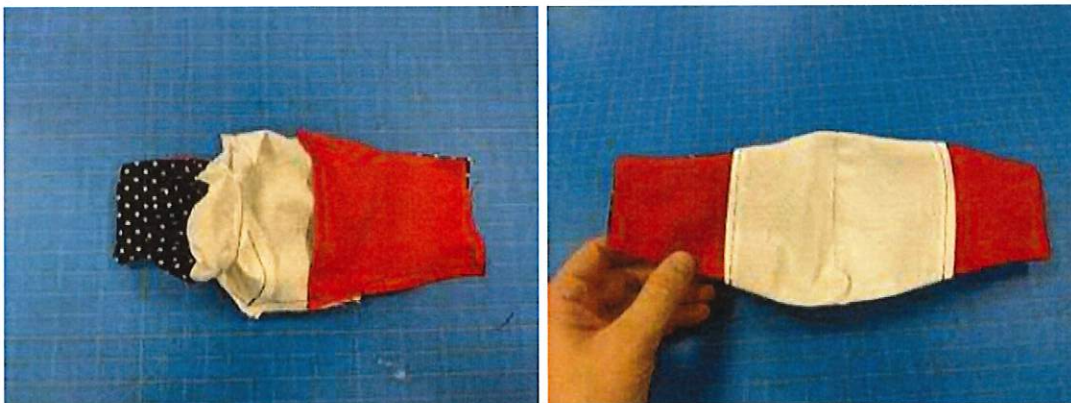
6. Match *cheek 1* and *mouth 1* at the dotted line. Sew a 1" tack at *side 1* and *side 2*, where the two pieces overlap. Repeat this step for *cheek 2* and *mouth 2*.



7. With the fronts of the fabric facing each other, sew along the entire perimeter of the mask.



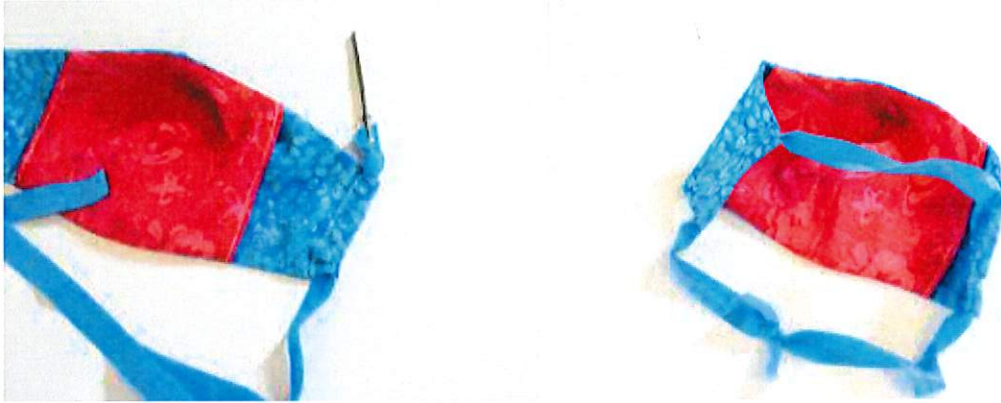
8. Using one of the slits between the mouth and cheek, turn the mask right-side out.



9. Press the mask before adding elastic.

If using elastic hair ties, please continue to Step 12

10. Fold over one side edge about $\frac{1}{2}$ " and sew a casing. Do the same for the other side edge.
11. Using a bodkin or safety pin, run the elastic through both casings on the mask. Tie the elastic loosely, this will allow the user to adjust the fit of the elastic by untying and retying it to fit. You're done!



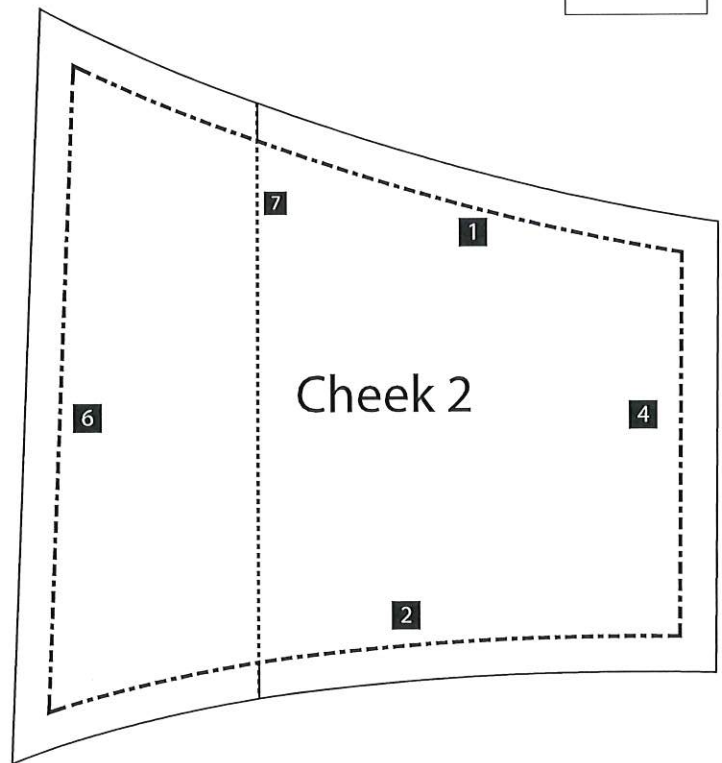
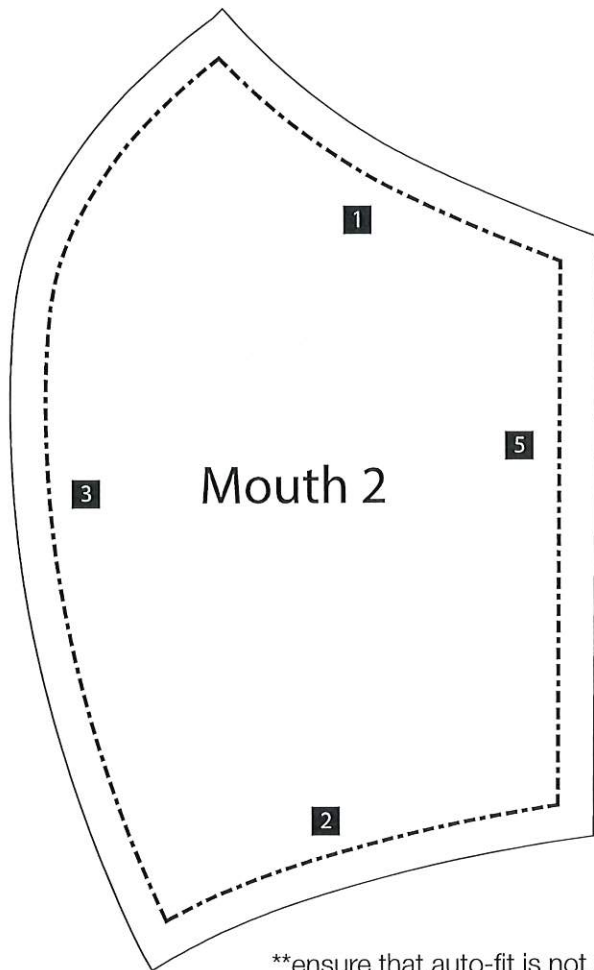
12. Add a hair tie to each side by folding the fabric on the side edge of the mask over the hair tie and sew. You're done!



Olson Mask - Mouth & Cheek Pattern

1" x 1"

Test Square



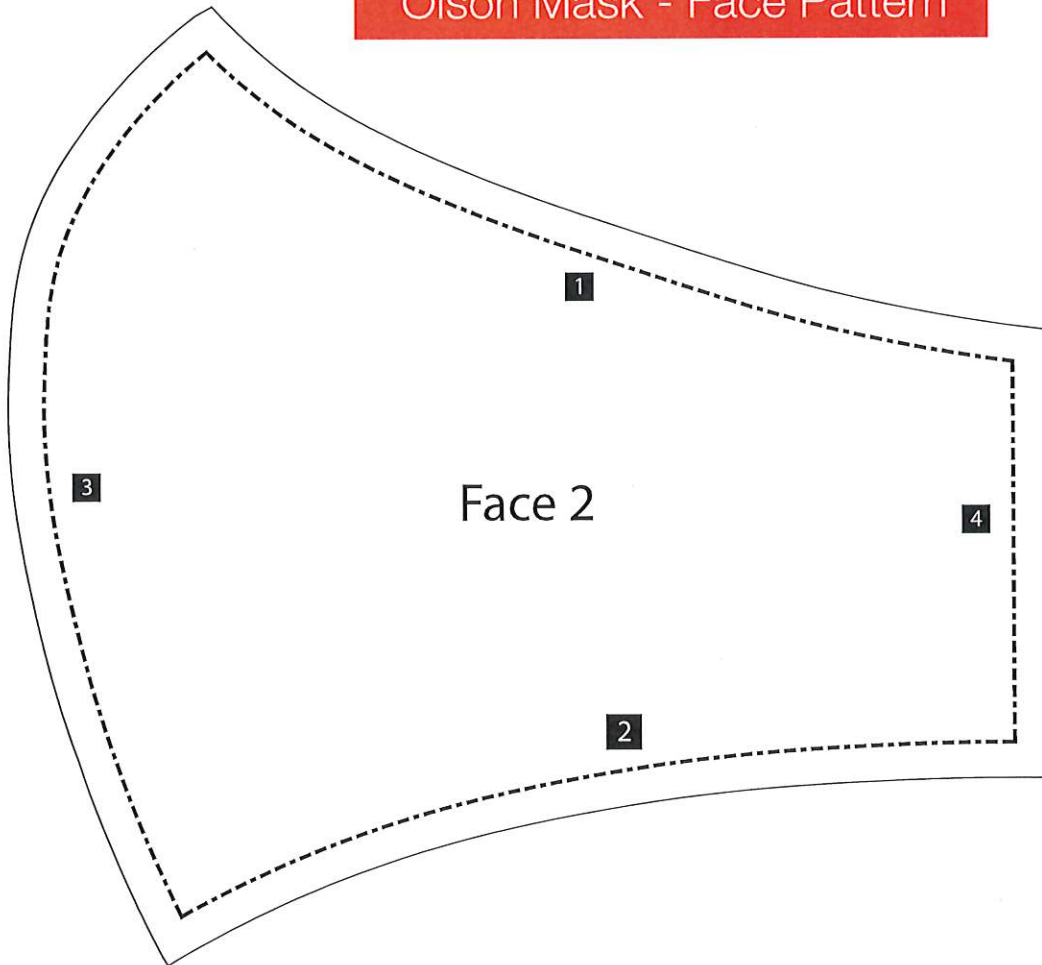
**ensure that auto-fit is not selected when printing to ensure pattern measurements are not altered



Olson Mask - Face Pattern

1" x 1"

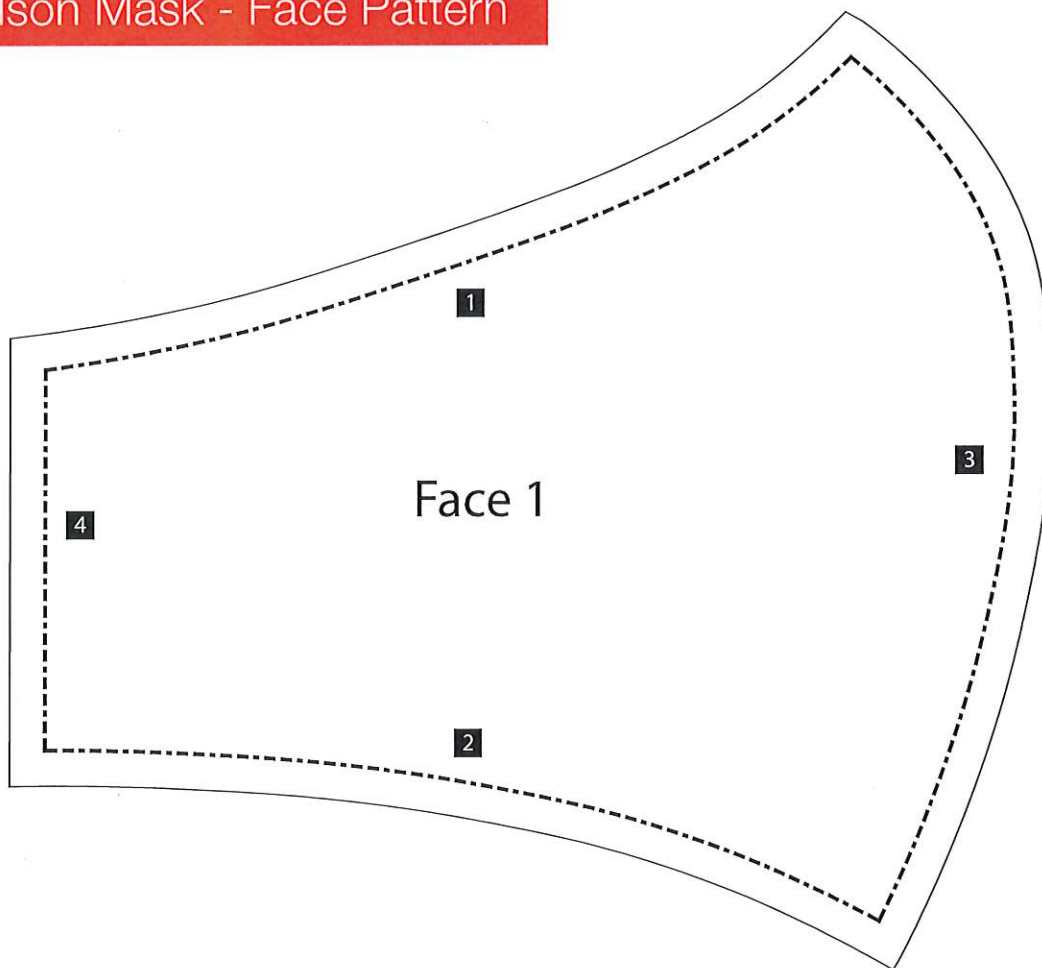
Test Square



**ensure that auto-fit is not selected when printing to ensure pattern measurements are not altered



Olson Mask - Face Pattern



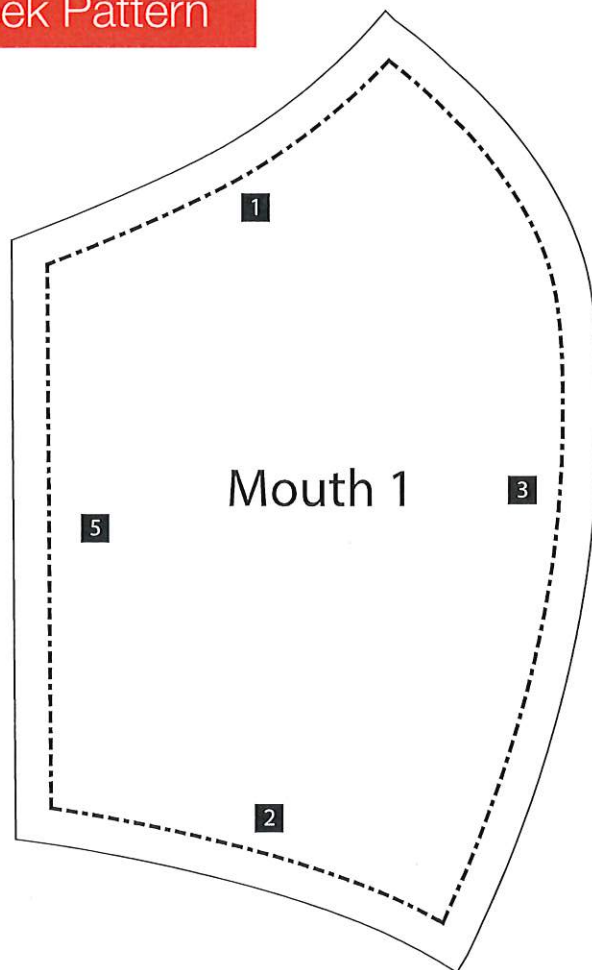
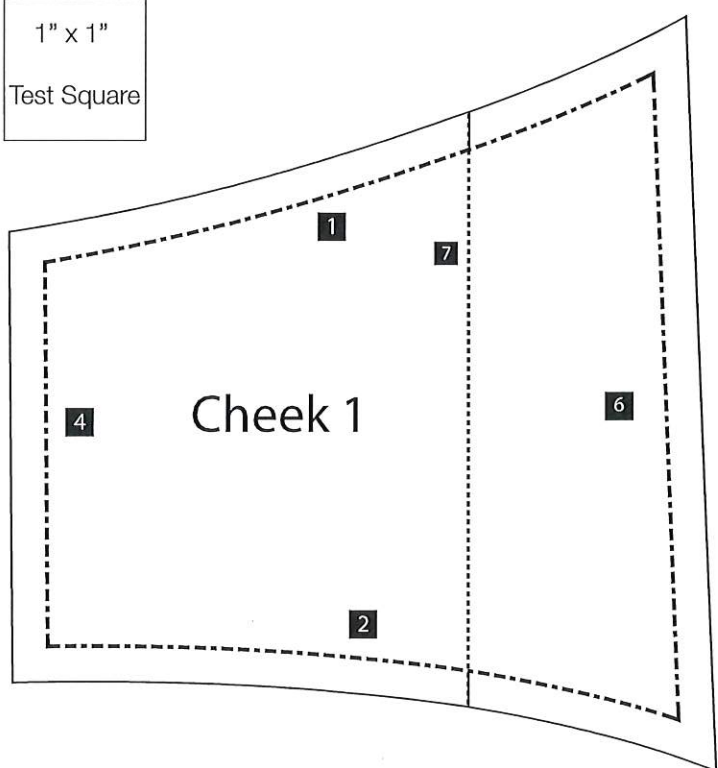
1" x 1"
Test Square

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Olson Mask - Mouth & Cheek Pattern

1" x 1"
Test Square



**ensure that auto-fit is not selected when printing to ensure pattern measurements are not altered

