

Creating Pleated Face Masks Iowa City Ambulatory Surgical Center

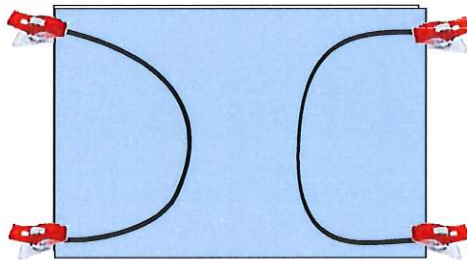
All fabric must be new. Before starting, please launder the fabric in a non-scented/allergen-free detergent with no fabric softener. When drying the fabric, please do not use dryer sheets.

Materials Needed for Each Mask

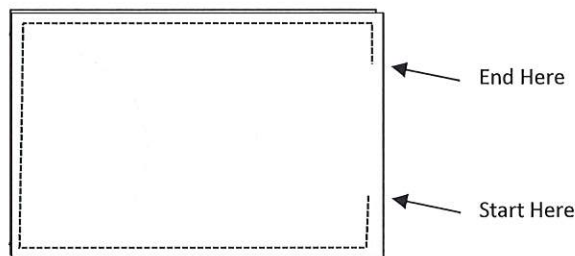
- Two (2) 9" x 6" pieces of quilt quality cotton fabric
- Two (2) 7" pieces of elastic, ¼" or smaller width. If you are using elastic cord, you will need to knot ends of each piece
- One (1) 9" x 6" piece of non-woven sew-in interfacing, light or medium weight
- Thread

Instructions

1. Place one 9"x6" piece on top of the piece of interfacing with the right side of the cotton face up, matching the edges.
2. Secure the ends of the elastic about ½" inside both corners (shown below). Repeat for the second elastic on the opposite side. Avoid using pins when securing elastic as they will leave holes in the interfacing.

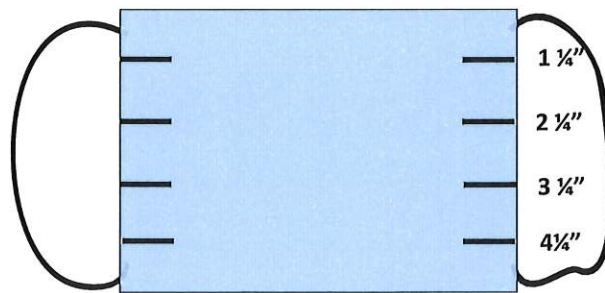


3. Place the other 9"x6" piece on top of the first piece, with the right side of the fabric facing down. Match edges and secure this piece with the other layers. Be sure the elastic ends are still in the correct place.
4. Using a ¼" seam allowance, sew around all four edges. Start and stop as shown below, leaving an opening. Back tack at the beginning, end, and across the elastic to secure them. The opening allows the mask to be turned right side out.



5. Turn the mask right side out, using the opening. Be sure the corners are pushed fully out. Press the mask.

6. Take two tucks along both narrow ends. To get the tucks even, mark $1\frac{1}{4}$ " down from the top on both sides. Continue to mark as shown below.



7. Press a fold between the two $1\frac{1}{4}$ " marks. Bring this fold down to the $2\frac{1}{4}$ " marks. Press and secure.
8. Press a fold between the two $3\frac{1}{4}$ " marks. Bring this fold down to the $4\frac{1}{4}$ " marks. Press and secure. Be sure the folds are laying in the same direction. The width of the narrow ends should be approximately $3\frac{1}{2}$ ".
9. Using a $\frac{1}{8}$ " seam allowance, top stitch around the entire mask twice with coordinating thread.

